

Sample Physical Education Assessment for Grade 9 Learners

Sample Physical Education Assessment

This user-friendly sample assessment allow teachers to measure performance and knowledge across all physical education standards. Teachers can use this sample as is, modify it to fit a curriculum, or use it to create an original assessment that is more appropriate for the school's teaching environment and needs.

Assessment Tools

There are various tools available for gathering data on a learner's knowledge and performance. Selecting the appropriate tool depends on the tool's ability to provide evidence specific to the benchmark and performance criteria. This assessment should be part of a cohesive assessment plan, which ties learning and teaching together.

How to Use the Sample Assessment

When viewing the sample assessment, teachers should remember the context of their teaching environment (e.g., space, number of students, availability of equipment). Select, modify or create assessments that fit the program and provide the most robust information on what learners know and are able to do.

Grade 9

Assessment Task

Exit Slip: Learners will be able to successfully select an available and appealing out-of-school-time activity, identify a local sponsoring group and the participation requirement.

Guidelines

Teachers can use the sample as is, modify it to fit a curriculum, or use it to create an original assessment that is more appropriate to the school's teaching environment and needs.

This example focuses on the availability of physical activity outside of physical education.

Provide time for classroom discussion for learners to identify physical activity opportunities available in local environments.

- Outdoor activities such as: swimming, rock climbing, cross-country skiing, fishing, orienteering, skateboarding.
- Indoor activities such as boxing, martial arts, yoga, dance, gymnastics.

Learners can identify social support networks providing the activity opportunities such as clubs, community education, city recreation and identify any participation requirements such as age limits, costs, travel requirements, etc., that could impact ability to participate.

Directions

At the end of class, learners identify an available and appealing out-of-school-time activity in the community, identify the local sponsoring group and the participation requirements on the Exit Slip.

Out of School Physical Activity Exit Slip

Name _____

1. Identify one physical activity that is available to you during school holidays.
2. Identify one organization or club that sponsors this activity.
3. Are there any participation requirements? If so, list one.

Scoring guide: Learners should be able to provide one activity, one organization or club, and identify any participation requirements to fully address this benchmark.

This scoring guide is an example; the teacher should determine appropriate passing scores for the assessment depending on the context of their teaching environment (e.g., time, space, number of students, and availability of equipment).