

Sample Physical Education Assessment for Grade 4 Learners

Sample Physical Education Assessment

This user-friendly sample assessment allow teachers to measure performance and knowledge across all physical education standards. Teachers can use this sample as is, modify it to fit a curriculum, or use it to create an original assessment that is more appropriate for the school's teaching environment and needs.

Assessment Tools

There are various tools available for gathering data on a learner's knowledge and performance. Selecting the appropriate tool depends on the tool's ability to provide evidence specific to the benchmark and performance criteria. This assessment should be part of a cohesive assessment plan, which ties learning and teaching together.

How to Use the Sample Assessment

When viewing the sample assessment, teachers should remember the context of their teaching environment (e.g., space, number of students, availability of equipment). Select, modify or create assessments that fit the program and provide the most robust information on what learners know and are able to do.

Grade 4

Assessment Task

Partners move down and back on a field, dribbling, passing and receiving a ball.

Guidelines

Teachers can use the sample as is, modify it to fit a curriculum, or use it to create an original assessment that is more appropriate to the school's teaching environment and needs.

This example is for soccer.

Setup and Equipment

This task requires a long open space, where learners can maintain about 10 feet between one another. Use cones as boundaries, marking all four sides of the assessment space.

Equipment for the Assessment Task: Two balls and 8-10 cones. Additional equipment will be needed for the learners not engaged in the assessment task.

Directions

Partners start about 10 feet from one another. They pass back and forth while moving forward down the field. Each time a learner receives the ball he/she will dribble using four touches and then pass a leading pass to his/her partner, who will receive it and dribble four times before passing it back. They will continue dribbling using four touches, passing and receiving until they get to the end of the field, where they will turn around and repeat the same task back. Each learner will pass eight times during one trip down and back.

Observe two learners as they move down the field and back to the start, using the checklist assessment tool.

The checklist includes space to observe and record four trials (one trial includes traveling down and back). It is recommended to complete this assessment at least twice before determining the score. The criteria include:

- Dribbling: Taps ball with inside and outside of the foot; adjusts force to remain close to the ball; adjusts speed while maintaining control of the ball.
- Passing: Adjusts momentum of movement before passing; passes ahead of the receiver; adjusts force of pass to distance of partner.
- Receiving: Gives with the foot to receive the pass; receives the pass without stopping.
- Combination Skill: Transitions fluidly and smoothly between skills; continues moving down the field, adjusts force and speed to maintain control of the ball when passing and receiving.

When a learner performs each skill according to these descriptions, check that box. It is not necessary or feasible to mark for each skill attempt; instead, watch the learner from start to finish of the assessment task (i.e., down and back using each skill eight times) and record a holistic score. One check means the learner performed the

skill using the criteria most of the time throughout one trip down and back (e.g., at least six of the eight attempts in one trip).

When observing, watch for errors, this will help determine if the criteria was met. Errors for each skill include:

- Dribbling: Kicks and chases, trips over the ball, unable to control force.
- Passing: Passes to or behind the receiver, passes too short or with too much force.
- Receiving: Stumbles with the ball, stops when trapping instead of continuing movement.
- Combination Skills: start and stopping motion; unable to control body or ball.

Soccer Skills Checklist

Name	Dribbling (4.1.3.6) 4 trials	Passing (4.1.3.7) 4 trials	Receiving (4.1.3.7) 4 trials	Combination Skill (4.1.3.15) 4 trials

This scoring guide is an example; the teacher should determine appropriate passing scores for the assessment depending on the context of their teaching environment (e.g., time, space, number of students, and availability of equipment).

This scoring guide is an example; the teacher should determine appropriate passing scores for the assessment depending on program nuances.