

Sample Physical Education Assessment for Grade 2 Learners

Sample Physical Education Assessment

This user-friendly sample assessment allow teachers to measure performance and knowledge across all physical education standards. Teachers can use this sample as is, modify it to fit a curriculum, or use it to create an original assessment that is more appropriate for the school's teaching environment and needs.

Assessment Tools

There are various tools available for gathering data on a learner's knowledge and performance. Selecting the appropriate tool depends on the tool's ability to provide evidence specific to the benchmark and performance criteria. This assessment should be part of a cohesive assessment plan, which ties learning and teaching together.

How to Use the Sample Assessment

When viewing the sample assessment, teachers should remember the context of their teaching environment (e.g., space, number of students, availability of equipment). Select, modify or create assessments that fit the program and provide the most robust information on what learners know and are able to do.

Grade 2

Assessment Task

Drawing and short answer task: Learners will be able to identify activities they enjoy doing outside of the physical education class to meet national time recommendations.

Guidelines

Teachers can use the sample as is, modify it to fit a curriculum, or use it to create an original assessment that is more appropriate to the school's teaching environment and needs.

This example is for learners to identify physical activities they enjoy doing outside of physical education that helps them get 60 minutes of physical activity every day.

Explain that these physical activity minutes can add up throughout the day, and this activity allows them to identify physical activities they like to do outside of the physical education class.

Setup and Equipment

Equipment: Crayons or pencils and worksheet for each learner

Directions

Learners will identify four physical activities they enjoy doing that could be used to meet the 60 minutes a day recommendation. They would draw a picture of the activity and use words if they're able to write. The four activities include something they can do indoors at home, outdoors at home, outdoors at school, and somewhere else either inside or outside. Print the worksheet with large boxes for learners to draw the pictures. Add or remove boxes to accommodate the number of activities desired.

Name:	
At home outdoors	At home indoors
At school outdoors	Somewhere else – indoors or outdoors

Scoring guide: To pass the benchmark, learners need to identify at least two different activities they could do outside of physical education (either indoors or outdoors) to meet the physical activity recommendations.