

Internet safety

Ages 8–11



THE CYBERSMILE FOUNDATION

Internet safety

OBJECTIVE

To learn how to be safe when using the internet.

OUTCOME

To remember the rules of internet safety.

To start using the rules when using the internet or phones.

Example

**STOP,
BLOCK,
TELL.**

Example

Get your parents to monitor what sites you are visiting.

Example

**Only talk to friends
and not strangers.**

Example

**Be careful about
what you write
on the internet.**

20 MINS

8-11 YRS

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MATERIALS

Paper, coloring materials, pencils, erasers, pens.

INSTRUCTIONS

1. Introduce the exercise to the children, and present the objectives and outcomes.
2. Work with the children to come up with and write down rules about how they can stay safe when using the internet and also what they may do already to keep themselves safe. Here are some examples if the children appear to be struggling:
 - Stop, block, tell (don't respond to a negative comment, block the cyberbully and report them).
 - Get your parents to monitor what sites you are visiting.
 - Be careful about what you write on the internet.
 - Only talk to friends and not strangers.
3. Ask the children to raise their hands if they already follow some of these rules and which ones.
4. End the exercise by getting the children to draw posters of the rules you have come up with together.

EVALUATION

- Ask the children to explain why each of the rules will help them to stay safe online.

NOTES

- Emphasize to the children that they are unlikely to know these rules so it is OK if they do not yet follow them, but that it is important to start following them.