

Risk factors to cyberbullying

Ages 14–16



THE CYBERSMILE FOUNDATION

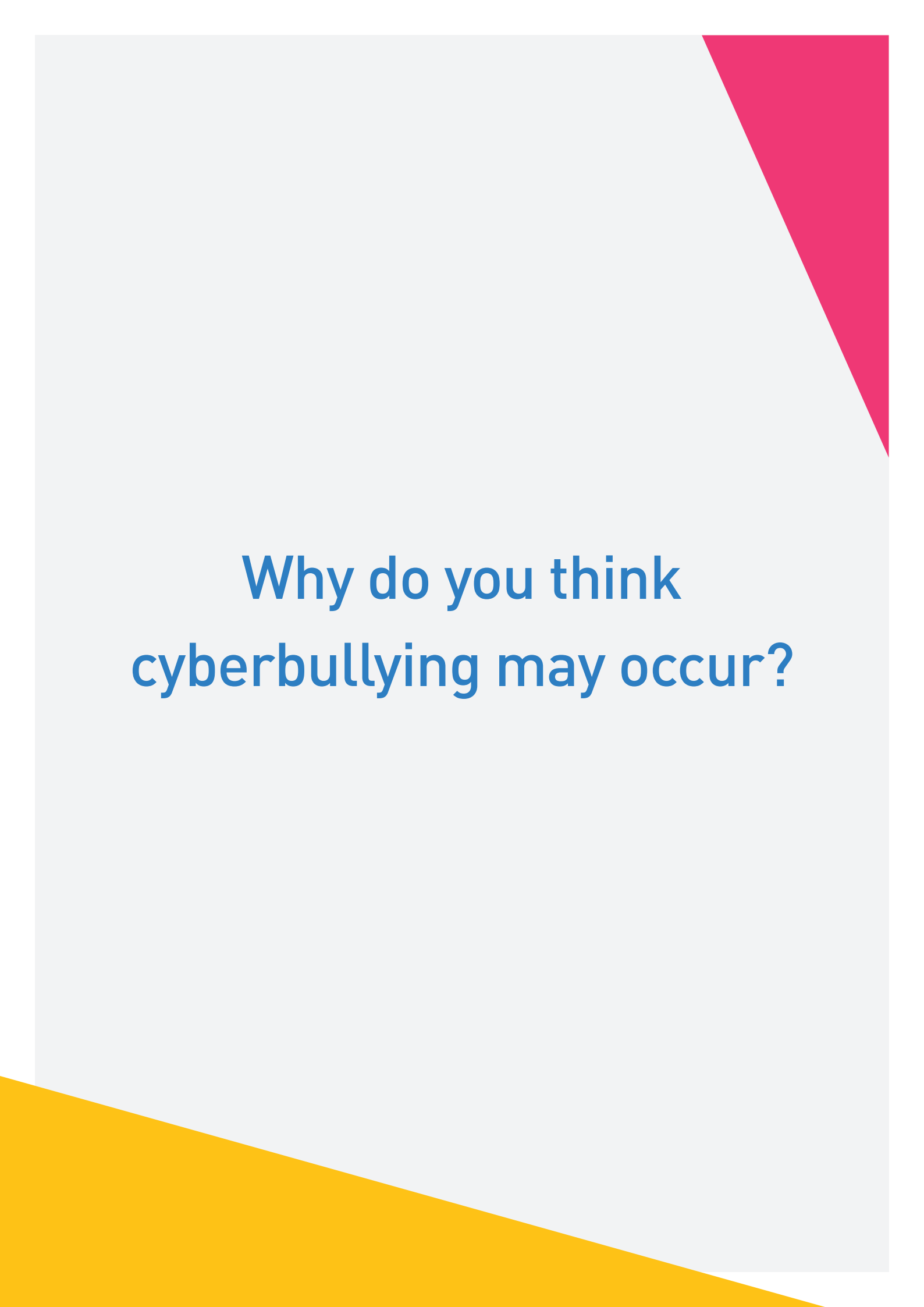
Risk factors to cyberbullying

OBJECTIVE

To learn what factors could increase the onset of cyberbullying.

OUTCOME

To know that there is never a valid reason for someone to be cyberbullied.



**Why do you think
cyberbullying may occur?**

10 MINS

14-16 YRS

Risk factors to cyberbullying

OBJECTIVE

To learn what factors could increase the onset of cyberbullying.

OUTCOME

To know that there is never a valid reason for someone to be cyberbullied.

MATERIALS

Access to YouTube to present the video below, paper, pens.

INSTRUCTIONS

1. Introduce the exercise to the students, and present the objective and outcome.
2. Present the following video to the students and ask them to write down all the reasons why the cyberbully targeted each of the cyber victims: <https://www.youtube.com/watch?v=rHleCE2Or70> (1 minute 53 seconds)
3. Discuss the responses and encourage the class to think of other risk factors where cyberbullying may occur. Here are some suggestions:
Cyber victim's vulnerability, cyberbully's lack of empathy, retaliation, anonymity, family problems, jealousy, increased internet use, giving passwords to others.
4. End the exercise by telling the students that although there may be reasons for why an episode of cyberbullying started, this is still not acceptable.

EVALUATION

- Taking into account the risk factors, ask the students to list and discuss what could help to reduce the risk of cyberbullying.