

CAUSES OF TEACHER STRESS



Rise in student demands and expectations



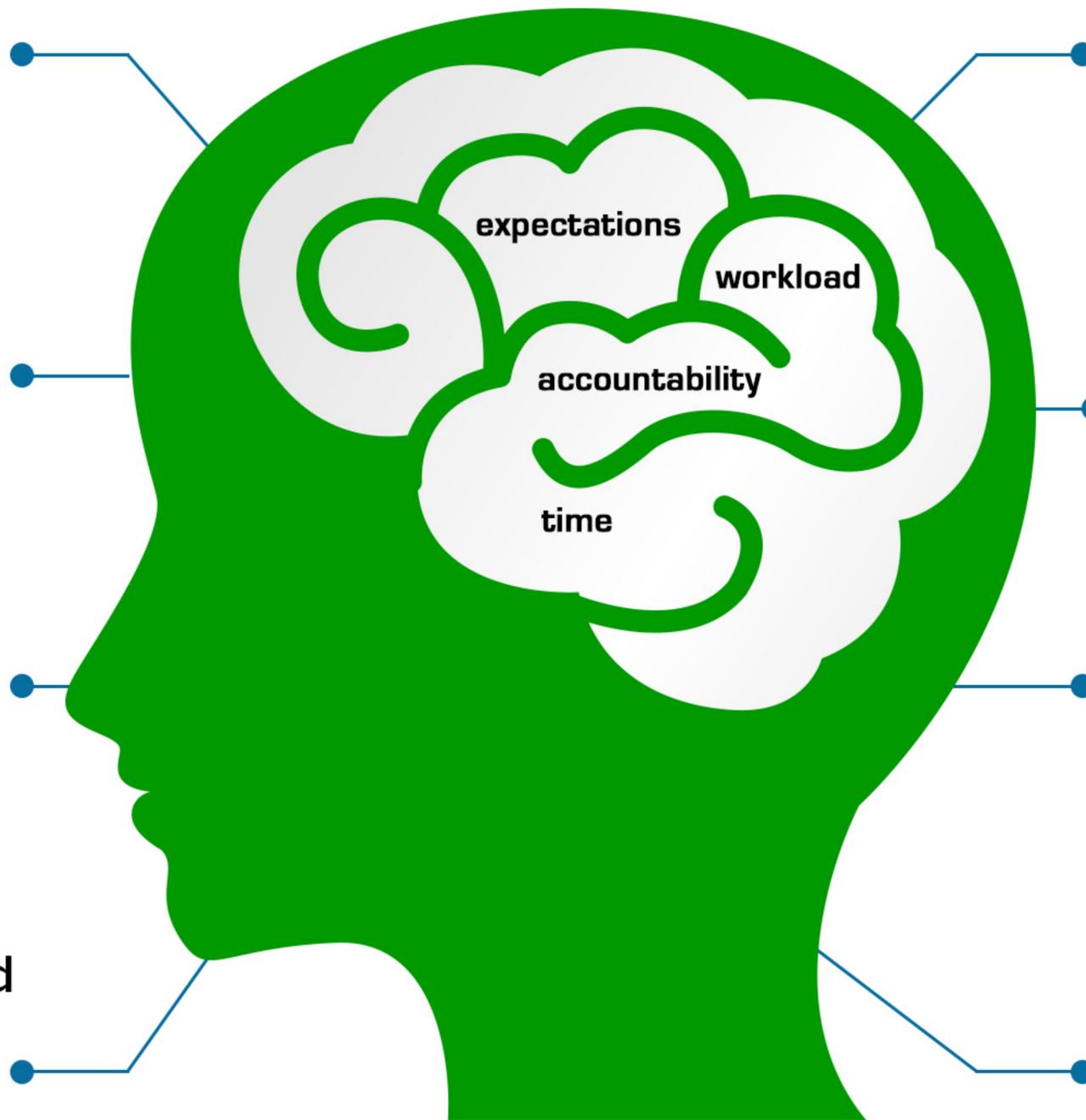
Increase in workload and administration



Vulnerability due to accountability



Can be involved in up to 1000 interpersonal contacts a day



Expectations of self need for perfectionism



Lack social and emotional competence training



Demanding parents



Lack of time to meet admin requirements