

Effects of cyberbullying

Ages 8–11



THE CYBERSMILE FOUNDATION

Effects of cyberbullying

OBJECTIVE

To learn about some of the effects of cyberbullying.

OUTCOME

To realize that cyberbullying can affect many areas of a person's life.

1.



2.



3.



4.



20 MINS

8-11 YRS

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MATERIALS

A copy of the comments and definition below where you can use the accompanying slides.

INSTRUCTIONS

1. Introduce the exercise to everyone, and present the objectives and outcomes.
2. ACTIVITY 1 - Present the three scenarios on the accompanying slides one-by-one to the children and ask them how each character may be feeling, and discuss.
3. ACTIVITY 2 - Present the pictures below using the accompanying slides and ask the children to describe what each picture is showing and how each may be related to cyberbullying. You can use the descriptions below each picture as prompts.



A child crying having just received a negative comment about herself on the internet.



A child feeling isolated as she does not know who she can trust anymore, due to being cyberbullied and not knowing her cyberbully.



A child failing on a test, as he could not concentrate due to being cyberbullied.



A child not wanting to go to school due to being cyberbullied.

4. End the exercise by explaining to the children that cyberbullying can affect many areas of a person's life such as their school life, home life and friendships.

EVALUATION

- Ask the children to list as many things as they can that all four pictures have in common. Hopefully they will say things like all the characters are sad. Make them aware that the effects of cyberbullying are always usually bad rather than good.

NOTES

- Ensure that the children are told to be careful about using cyberbullying as an excuse to explain bad results on tests. If it turns out that they are not being cyberbullied, they could get into trouble.