

Forms of cyberbullying

Ages 11–14



THE CYBERSMILE FOUNDATION

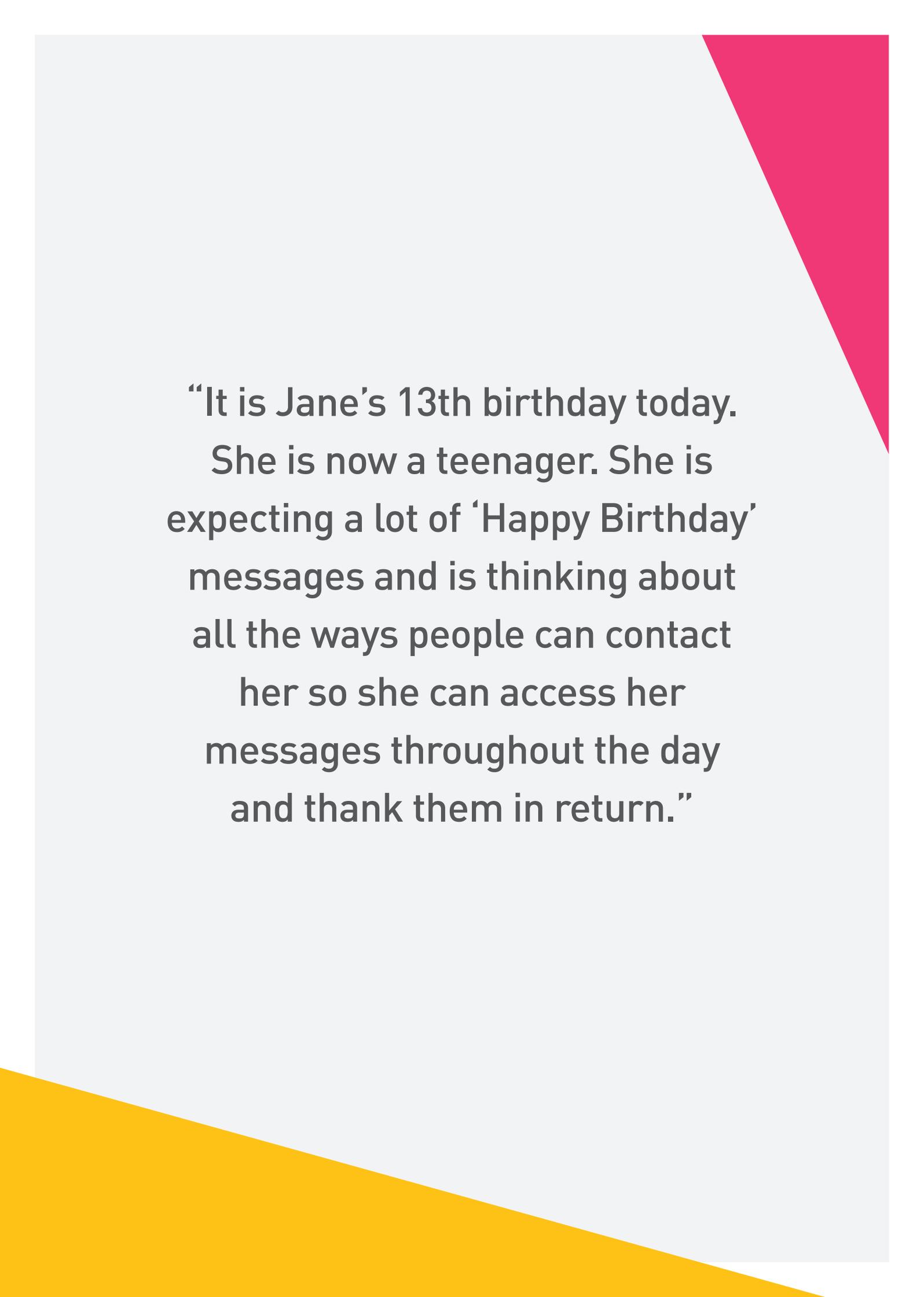
Forms of cyberbullying

OBJECTIVE

To be aware of the different ways people can be cyberbullied.

OUTCOME

To understand that the more online sites you use, the more you are putting yourself at risk of being cyberbullied.



“It is Jane’s 13th birthday today. She is now a teenager. She is expecting a lot of ‘Happy Birthday’ messages and is thinking about all the ways people can contact her so she can access her messages throughout the day and thank them in return.”

Potential answers

Facebook

Computer

Twitter

Phone

(Call, text, voicemail)

iPad

Instagram

15 MINS

11-14 YRS

Forms of cyberbullying

OBJECTIVE

To be aware of the different ways that a person can be bullied.

OUTCOME

To appreciate that there are many ways that cyberbullying can occur.

MATERIALS

A copy of the story below (also on the accompanying slides), pens and paper.

INSTRUCTIONS

1. Introduce the exercise to the children, and present the objectives and outcomes.
2. Explain there are lots of ways that a cyberbully can bully someone.
3. Present the following story -

“It is Jane’s 13th birthday today. She is now a teenager. She is expecting a lot of ‘Happy Birthday’ messages and is thinking about all the ways people can contact her so she can access her messages throughout the day and thank them in return.”

4. Ask the children to write down all of the different ways Jane could be contacted. Encourage them to be specific in their answers such as to write the names of websites and social media platforms.
5. Discuss the answers that the children have written.
6. Ask the children what they mainly use the internet or phones for and discuss any experiences they may have had with cyberbullying and how it made them feel (be sensitive about the child’s comfort when doing this exercise).
7. End the exercise by saying to the children that the aim is **not to put them off playing games online, accessing websites or using social media, but that it is important to be careful when using the internet.**

EVALUATION

- Ask the children to list or say aloud as many other websites/mediums they can think of through which cyberbullying can occur.
- Be sure to mention other common forms of cyberbullying that may not have been stated such as on forums, blogs, emails, chat rooms and via SMS messages.